



Bereavement Services

Supportive Listening

We provide free face-to-face and telephone listening support on an individual basis. Enabling bereaved people to share their story with a carefully selected and trained volunteer. Our bereavement volunteers have a wealth of knowledge and experience in issues related to loss and grief.

Bereavement Hub

We run a programme of group sessions (once a month over 6 months) offering support and the opportunity to meet others who have experienced the loss of someone important to them. We aim to offer a safe and secure environment to help support people irrespective of how long they were bereaved.

Telephone Information Line

Our telephone service offers timely, practical, and compassionate support including signposting. The telephone information line is available over 7 days a week between the hours of 8am-4pm.

Therapy

For anyone who has accessed our bereavement support and has more complex mental health needs, there are a limited number of places available to receive therapy.

Information Point

We have an information point once a month, a volunteer-led signposting service for individuals to access further support following a bereavement.

Training for organisations

We offer training for organizations in bereavement support.